



Nutrition Facts

Serving Size: 8 FL.OZ. (240mL) Servings Per Container: 8

Amount Per Serving

Calories 140

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% Daily Value*	
Total Fat 0g	0%
Sodium 15mg	1%
Potassium 140mg	4%
Total Carb 38g	13%
Sugar 36g * *	
Protein 1g	
Vitamin C	120%
Calcium	2%
Mognocium	2 0/

Manganese 20%

Not a significant source of fat cal, sat fat, trans fat, cholest, fiber, vitamin A, and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

Welch's 100% Grape Juice

Welch's 100% Grape Juice delivers the goodness of Concord grapes in every glass, and also:

- Helps support a healthy heart, thanks to the dark purple Concord grape.
- Is made with Concord grapes picked at their peak and grown in North America by Welch's family farmers.
- Is a convenient way to incorporate more purple fruit into a healthy diet. As a complement to whole fruit, each 4-oz. glass counts as one serving (1/2 cup) of fruit.
- Uses the entire Concord grape skin, seeds and all to release natural plant nutrients (polyphenols) straight from the grape. More than 20 Concord grapes are squeezed into each 4-oz. glass.
- Delivers an excellent source of the antioxidant vitamin C in each 4-oz. glass.
- Is made with no added sugar, color or flavor. It's 100% juice!

Available in these sizes:

5.5-oz. can, 11.5-oz. can, 14-oz. bottle, 16-oz. bottle, 24-oz. bottle, 46-oz. bottle, 64-oz. bottle, 96-oz. bottle, four-pack 10-oz. bottles and six-pack 10-oz. bottles

Note: The Nutrition Facts Panel (provided here) is for multi-serve containers.



^{**}CONTAINS NATURAL FRUIT SUGARS ONLY