



## WELCH'S 100% GRAPE JUICE WITH FIBER



- Many Americans don't appear to be getting enough fiber in their diets and need easy options for adding fiber to their diets.<sup>1</sup>
- With the same great taste and made from Welch's own Concord grapes, Welch's 100% Grape Juice can be enjoyed with the benefit of added fiber.
- Fortified with a good source of fiber to help support a healthy digestive system.
- Every 8oz. glass of Welch's 100% Grape Juice with Fiber counts as 1 cup of purple fruit, provides 3 grams of fiber, contributes 100% Daily Value (DV) of vitamin C and has 2X the antioxidant power of 100% orange juice.<sup>2</sup>

### Available in these sizes:

64oz. bottle

### References

<sup>1</sup> U.S. Department of Health and Human Services and U.S. Department of Agriculture. Dietary Guidelines for Americans, 2005. 6th ed. US Government Printing Office Washington, DC: 2005. [www.healthierus.gov/dietaryguidelines](http://www.healthierus.gov/dietaryguidelines).

<sup>2</sup> Independent ORAC laboratory testing by Brunswick Laboratories.

