



## Welch's Light



Welch's Light Grape Juice Beverages give families a refreshing way to enjoy the great taste and goodness of Welch's grapes, but with fewer calories than 100% juice. These delicious light juice beverages:

- Are made with Welch's own grapes grown in North America by Welch's 1,150 family-farmers.
- Provide 45 quality calories in every 8-oz. glass, 2/3 fewer calories than Welch's 100% Grape Juice and Welch's 100% White Grape Juice.\*
- Are sweetened with Splenda® Brand Sweetener.
- Deliver an excellent source of the antioxidant vitamin C in each glass.
- Are available in two flavor varieties: Concord Grape and White Grape.

\*45 calories/8-oz. serving of Welch's Light Grape Juice Beverage vs. 140 calories/8-oz. serving of Welch's 100% Grape Juice or 160 calories/8-oz. serving of Welch's 100% White Grape Juice.

| <b>Nutrition Facts</b>   |             |
|--|-------------|
| Serving Size: 8 FL. OZ. (240mL)  |             |
| Servings Per Container: 8  |             |
| <b>Amount Per Serving</b>  |             |
| <b>Calories 45</b>   |             |
| <b>% Daily Value*</b>  |             |
| <b>Total Fat</b> 0g  | <b>0%</b>   |
| <b>Sodium</b> 75mg   | <b>3%</b>   |
| <b>Total Carb</b> 12g  | <b>4%</b>   |
| Sugars 11g   |             |
| <b>Protein</b> 0g  |             |
| <b>Vitamin C</b>   | <b>100%</b> |
| Not a significant source of fat cal, sat fat, trans fat, cholest, fiber, vitamin A, calcium, and iron. |             |
| *Percent Daily Values are based on a 2,000 calorie diet.   |             |

